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Superconductivity in the pressurized nickelate $\text{La}_3\text{Ni}_2\text{O}_7$ in the vicinity of a BEC–BCS crossover

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Ever since the discovery of high-temperature superconductivity in cuprates, gaining microscopic insights into the nature of pairing in strongly correlated systems has remained one of the greatest challenges in modern condensed matter physics. Following recent experiments reporting superconductivity in the bilayer nickelate $\text{La}_3\text{Ni}_2\text{O}_7$ (LNO) with remarkably high critical temperatures of $T_c = 80$ K, it has been argued that the low-energy physics of LNO can be described by the strongly correlated, mixed-dimensional bilayer t – J model. Here we investigate this bilayer system and utilize density matrix renormalization group techniques to establish a thorough understanding of the model and the magnetically induced pairing through comparison to the perturbative limit of dominating inter-layer spin couplings. In particular, this allows us to explain appearing finite-size effects, firmly establishing the existence of long-range superconducting order in the thermodynamic limit. By analyzing binding energies, we predict a BEC–BCS crossover as a function of the Hamiltonian parameters. We find large binding energies of the order of the inter-layer coupling that suggest strikingly high critical temperatures of the Berezinskii–Kosterlitz–Thouless transition, raising the question of whether (mixD) bilayer superconductors possibly facilitate critical temperatures above room temperature.

Although the discovery of high-temperature superconductivity in cuprates dates back more than three decades^{1–3}, fully understanding their enigmatic pairing mechanism remains an unsolved and long-sought problem in contemporary condensed matter physics. In particular, detailed microscopic insights into the relevant physics are necessary to open the path towards a targeted design of novel materials, possibly with high critical temperatures at ambient conditions^{4–7}.

Very recently, the Ruddlesden–Popper bilayer perovskite nickelate $\text{La}_3\text{Ni}_2\text{O}_7$ (LNO) has joined the family of bulk superconductors above the boiling point of liquid nitrogen, with extraordinarily high critical temperatures of $T_c = 80$ K at applied pressures above 14 GPa^{8–10}. Density functional theory (DFT) calculations suggest that the active degrees of freedom near the Fermi energy in the layered LNO structure are given by the $3d_{x^2-y^2}$ and $3d_{z^2}$ Ni orbitals^{11–17}, whereby the four $3d$ orbitals in each unit cell (two in each layer) share three electrons. The $3d$ character of the electronic structure together with the absence of perfect nesting in the non-interacting model indicates the necessity of strong coupling approaches for

an accurate description of LNO¹⁸, in line with recent experiments suggesting the vicinity of LNO to a Mott transition¹⁹.

Starting in the limit of strong on-site repulsion, two of the three electrons in each unit cell fill the d_{z^2} orbitals due to lower on-site energies of the $3d_{z^2}$ compared to the $3d_{x^2-y^2}$ states. This results in a half-filled, Mott insulating d_{z^2} band, while the $d_{x^2-y^2}$ orbitals at quarter filling constitute an itinerant, conducting band²⁰. Hybridization of the $3d_{z^2}$ -Ni and apical $2p_z$ -O orbitals has been demonstrated to mediate strong inter-layer couplings between the d_{z^2} orbitals of the two Ni layers within each unit cell at high pressures, where the Ni–O–Ni bonding angles are aligned at an angle of 180° (the crystal structure of LNO experiences a structural transition from the $Amam$ to the higher-symmetry $Fmmm$ space group at pressures ~ 0 GPa)⁸.

The inter-layer superexchange between the insulating d_{z^2} spins has been argued to be elevated to the $d_{x^2-y^2}$ orbitals by strong intra-atomic Hund's couplings¹⁷, whereby the formation of a spin-triplet between the two active orbitals at each site is favored. Integrating out the d_{z^2} degrees of freedom yields a minimal, single-band, mixed-dimensional (mixD) bilayer

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$t_{\parallel}-J_{\perp}-J_{\parallel}$ model for describing the essential low-energy physics of LNO^{21–24},

$$\begin{aligned}\hat{\mathcal{H}}_{\text{BL}} = & -t_{\parallel} \sum_{\langle i,j \rangle, \sigma, \alpha} \hat{P} \left(\hat{c}_{i, \sigma, \alpha}^{\dagger} \hat{c}_{j, \sigma, \alpha} + \text{h.c.} \right) \hat{P} \\ & + J_{\parallel} \sum_{\langle i,j \rangle, \alpha} \left(\hat{\mathbf{S}}_{i, \alpha} \cdot \hat{\mathbf{S}}_{j, \alpha} - \frac{\hat{n}_{i, \alpha} \hat{n}_{j, \alpha}}{4} \right) \\ & + J_{\perp} \sum_i \left(\hat{\mathbf{S}}_{i, 1} \cdot \hat{\mathbf{S}}_{i, 2} - \frac{\hat{n}_{i, 1} \hat{n}_{i, 2}}{4} \right).\end{aligned}\quad (1)$$

Here, $\hat{c}_{i, \sigma, \alpha}^{(\dagger)}$, $\hat{n}_{i, \alpha}$ and $\hat{\mathbf{S}}_{i, \alpha}$ are fermionic annihilation (creation), particle density, and spin operators on site $\mathbf{i}$ and layer $\alpha = 1, 2$, respectively; $\langle \mathbf{i}, \mathbf{j} \rangle$ denotes nearest neighbor (NN) sites on the two-dimensional (2D) square lattice, and $\hat{P}$ is the Gutzwiller operator projecting out states with double occupancy. To describe LNO, the quarter filled $d_{x^2-y^2}$ band corresponds to a doping level of $\delta = 0.5$ in the mixD $t_{\parallel}-J_{\perp}-J_{\parallel}$ model compared to the half-filled state with one particle per site.

The Hamiltonian Eq. (1) and related, multi-band models have been studied in particular with regard to pairing order using matrix product^{20,22,25,26} and mean field^{21,23,27} methods, supporting the appearance of inter-layer s -wave superconductivity. We note that while a multi-band description that includes both $d_{x^2-y^2}$ and d_{z^2} orbitals provides a more accurate description of LNO (e.g., capturing self-doping effects between the two active orbitals^{17,23}), studying the single-band model may allow for a detailed understanding of the essential physics governing superconductivity in mixD bilayer systems. In particular, though it is commonly agreed upon that inter-layer magnetic interactions provide the pairing glue for superconductivity in the bilayer model^{6,7,22}, predicting and understanding the structure of the ground state in the simplified single-band model may be particularly useful for engineering materials with high critical temperatures.

Here, we use matrix product methods to study pair–pair correlations, as well as binding energies in the Hamiltonian Eq. (1) on finite-width bilayer geometries. By comparison to the limit of strong inter-layer spin–spin interactions, where the model can be mapped to a spin-1/2 XXZ model, we gain a detailed understanding of the mixD $t_{\parallel}-J_{\perp}-J_{\parallel}$ model even away from this perturbative limit. In particular, this allows us to understand the appearing finite-size effects and the influence of the various coupling parameters on the long-range pairing order, where the latter might permit to realization of a certain tunability of experimental probes to favorable situations. We note that multi-band models taking into account Hund’s coupling in a rigorous manner have been shown to reduce

to the single-band Hamiltonian Eq. (1) in the limit $J_{\perp} \gg t_{\parallel}$, however with weaker effective interlayer couplings^{23,28}. This suggests that, while energy scales may be renormalized, the single-band mixD t - J model captures the essential low-energy physics of more accurate multi-band models.

Through the computation of binding energies, we anticipate the emergence of a crossover from a Bose-Einstein condensate (BEC) to Bardeen–Cooper–Schrieffer (BCS) state in the mixD bilayer model as a function of $t_{\parallel}/J_{\perp}$, see Fig. 1a, characterized by extended, overlapping pairs. We estimate critical temperatures of the superfluid transition to be of the order of the magnetic coupling, hence possibly facilitating superconductivity at temperatures beyond room temperature in mixD bilayer systems. In addition, as the effective model of tightly bound pairs in the limit of strong spin couplings $J_{\perp} \gg t_{\parallel}$, $J_{\parallel}$ yields a linear resistivity as a function of temperature above the superconducting phase, we speculate that the resistivity in the bilayer model in the vicinity to the crossover is governed by the conduction of pairs. Our results are summarized in the schematic phase diagram in Fig. 1a.

Results

Perturbative limit

In the case of dominating spin couplings $J_{\perp} \gg t_{\parallel}$, $J_{\parallel}$, the fermions pair into tightly bound inter-layer singlets, where breaking apart a singlet is associated with energy cost $J_{\perp}$. In this limit, the low-energy physics of Eq. (1) is described by the restricted local basis consisting of empty sites on-site $\mathbf{j}$ in both layers, $|0\rangle_{\mathbf{j}} = |0\rangle_{\mathbf{j},1}|0\rangle_{\mathbf{j},2}$ (a chargon–chargon pair), as well as paired singlets, $|1\rangle_{\mathbf{j}} = \hat{b}_{\mathbf{j}}^{\dagger}|0\rangle_{\mathbf{j}}$, where the (hard-core) bosonic operator $\hat{b}^{\dagger}$ creates an inter-layer spin singlet, $\hat{b}_{\mathbf{j}}^{\dagger}|0\rangle_{\mathbf{j}} = \frac{1}{\sqrt{2}}(\hat{c}_{\mathbf{j}, \uparrow, 1}^{\dagger} \hat{c}_{\mathbf{j}, \downarrow, 2}^{\dagger} - \hat{c}_{\mathbf{j}, \downarrow, 1}^{\dagger} \hat{c}_{\mathbf{j}, \uparrow, 2}^{\dagger})|0\rangle_{\mathbf{j}}$. By considering virtual processes to spinon–chargon states $\hat{c}_{\mathbf{j}, \sigma, \alpha}^{\dagger}|0\rangle_{\mathbf{j}}$ in second-order perturbation theory, and restricting the effective Hamiltonian to the low-energy subspace, the mixD bilayer model reduces to an interacting hard-core bosonic system in a single 2D plane illustrated in Fig. 1b, as shown in ref. 29 (see also refs. 30,31),

$$\begin{aligned}\hat{\mathcal{H}}_{\text{HCB}} = & -\frac{K}{2} \sum_{\langle i,j \rangle} \hat{P} \left(\hat{b}_{\mathbf{i}}^{\dagger} \hat{b}_{\mathbf{j}} + \text{h.c.} \right) \hat{P} - J_{\perp} \sum_i \hat{b}_{\mathbf{i}}^{\dagger} \hat{b}_{\mathbf{i}} \\ & + K \sum_{\langle i,j \rangle} \left(\Delta \hat{b}_{\mathbf{i}}^{\dagger} \hat{b}_{\mathbf{i}} \hat{b}_{\mathbf{j}}^{\dagger} \hat{b}_{\mathbf{j}} - \frac{\hat{b}_{\mathbf{i}}^{\dagger} \hat{b}_{\mathbf{i}}}{2} - \frac{\hat{b}_{\mathbf{j}}^{\dagger} \hat{b}_{\mathbf{j}}}{2} \right),\end{aligned}\quad (2)$$

where $K = 4t_{\parallel}^2/J_{\perp}$ and $\Delta = 1 - J_{\parallel}/2K$. The density-density term of the in-plane Heisenberg interactions in Eq. (1) leads to the appearance of an anisotropy $\Delta < 1$. The effective boson model Eq. (2), in turn, can be mapped

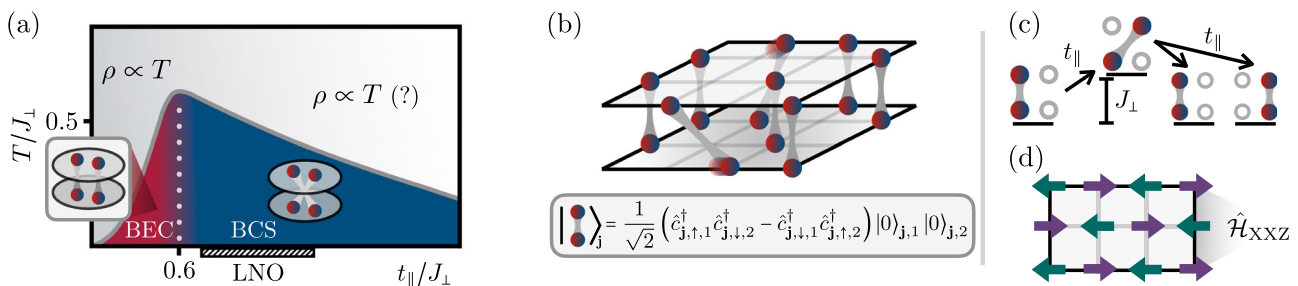


Fig. 1 | Schematic phase diagram and effective model. **a** Schematic phase diagram of the mixD $t_{\parallel}-J_{\perp}-J_{\parallel}$ model, Eq. (1), at doping $\delta = 50\%$ relevant to LNO. In the limit of dominating inter-layer magnetic interactions, a BEC-type superfluid of tightly bound pairs is realized. When the average sizes of pairs become larger, spatially extended pairs form a BCS-like superconducting state. Binding energies and estimated critical temperatures in the vicinity of the crossover are of the order of the magnetic coupling $J_{\perp}$. In the BEC regime, the model shows linear T resistivity ($\rho \propto T$) above the superconducting phase, which may extend to larger values of $t_{\parallel}/J_{\perp}$ above the BCS regime. The relevant parameter regime for LNO depending on the

strength of the on-site repulsion is shown by the black hatched area, where $t_{\parallel}/J_{\perp} \sim 0.7$ – 1.5 (which may however be renormalized when taking into account multi-band effects). **b** In the limit $J_{\perp} \gg t_{\parallel}$, $J_{\parallel}$, the bilayer mixD $t_{\parallel}-J_{\perp}-J_{\parallel}$ model, Eq. (1), reduces to a model of hopping singlets. **c** Singlets hop on the bilayer structure via second-order processes, leading to a single layer interacting hard-core bosonic system, Eq. (2), in the perturbative limit. **d** A further mapping to a spin system yields an effective 2D XXZ model, Eq. (3), where spin–spin correlations in the xy -plane map to coherent pair–pair correlations in the bilayer system.

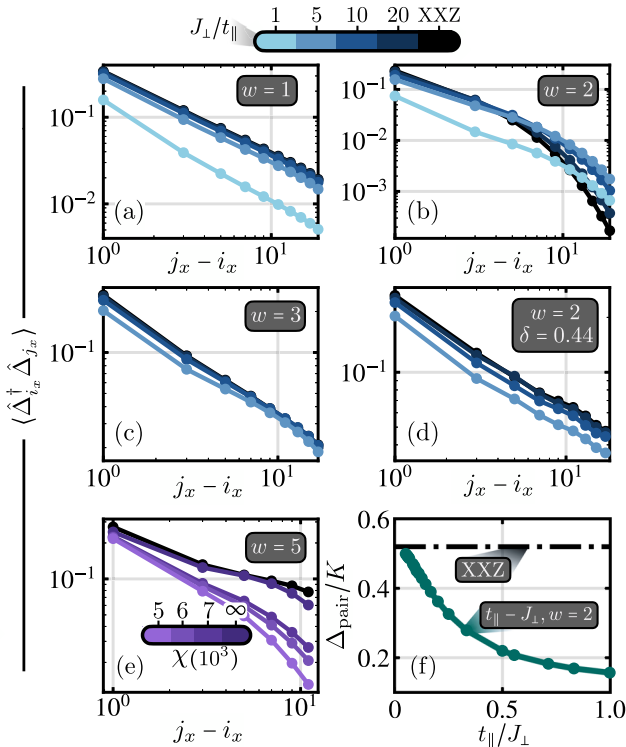


Fig. 2 | Pair correlations. Pair-pair correlation function $\langle \hat{\Delta}_i^\dagger \hat{\Delta}_j \rangle$ in the $t_\parallel$ - $J_\perp$ model ($J_\parallel = 0$) for varying $J_\perp/t_\parallel$ and width w ; $\delta = 0.5$ is used if not indicated differently. For $w = 1$ (a) and $w = 3$ (c), correlations show algebraic signals, with increasing magnitudes for growing $J_\perp/t_\parallel$ while the decay exponents stay almost constant. Pair-pair correlations converge towards spin-spin correlations $\langle \hat{J}_i^+ \hat{J}_j^- \rangle$ of the XXZ model in the perturbative limit (black data). e For $w = 5$, an extrapolation to a large bond dimension for $J_\perp/t_\parallel = 20$ is shown, matching the prediction from the XXZ model. For $w = 2$ at $\delta = 0.5$ (b), the decay of $\langle \hat{\Delta}_i^\dagger \hat{\Delta}_j \rangle$ is exponential for all values of $J_\perp/t_\parallel$, with decreasing correlation lengths for increasing $J_\perp/t_\parallel$. This is explained by a finite pair charge gap Δ_{pair} that corresponds to the spin gap of the SU(2) symmetric Heisenberg model in the perturbative limit (f). Away from $\delta = 0.5$ and for $w = 2$ (d), correlations decay algebraically for all values of $J_\perp/t_\parallel$, as expected from the Heisenberg model at finite magnetization. We choose reference sites $\mathbf{i} = [i_x = 10, i_y = 1]$ ($l = 32$) for $w = 1, 2$, $\mathbf{i} = [i_x = 4, i_y = 2]$ ($l = 24$) for $w = 3$ and $\mathbf{i} = [i_x = 2, i_y = 3]$ ($l = 16$) for $w = 5$.

to a 2D XXZ spin system³²,

$$\hat{H}_{\text{XXZ}} = K \sum_{\langle i,j \rangle} (\hat{J}_i^x \hat{J}_j^x + \hat{J}_i^y \hat{J}_j^y + \Delta_i^z \hat{J}_j^z) - J_\perp \sum_i \hat{J}_i^z - \frac{J_\parallel}{4} \sum_{\langle i,j \rangle} (\hat{J}_i^z + \hat{J}_j^z), \quad (3)$$

where a unitary transformation has been applied to make all coefficients positive and trivial constant terms have been dropped. $\hat{J}_i^\mu$, $\mu = x, y, z$ are spin-1/2 operators – not to be confused with the spin operators $\hat{S}_i^\mu$ of the fermionic bilayer Hamiltonian, Eq. (1). The magnetization of the spin model maps to the filling δ of the bilayer model as $m = \delta - 1/2$. The last term in Eq. (3) is constant in periodic systems, however, induces non-trivial effects for open boundaries—see Supplementary Note 2. For $J_\parallel = 0$, Eq. (3) reduces to the Heisenberg model with an emerging SU(2) symmetry.

In the perturbative regime, the bilayer system is hence a bona fide superconductor, featuring long-range pairing order in the ground state that translates to long-range antiferromagnetic order in the xy -plane of the XXZ model, see the lower right panel in Fig. 1b. The controlled connection to the XXZ model in the perturbative limit will prove to be useful in the following analysis of the appearing phases in the mixD bilayer model.

Pair correlations and finite-size effects

We simulate the bilayer $t_\parallel$ - $J_\perp$ - $J_\parallel$ system, Eq. (1), in the ground state using the density matrix renormalization group^{33–37} for various parameters $J_\perp/t_\parallel$ at $J_\parallel = 0$ and doping $\delta = 0.5$. We focus on systems of size $l \times w \times 2$, where w and l are the width and length of each layer in the bilayer system, respectively. We implement separate U(1) symmetries in each layer and conserve the total magnetization, such that the symmetry of the system is given by $U(1)^{\alpha=1} \otimes U(1)^{\alpha=2} \otimes U(1)^{S^z_{\text{tot}}}$. We use bond dimensions up to $\chi = 7000$ and carefully ensure that our results are converged, see Supplementary Note 2.

Figure 2 shows coherent pair-pair correlations $\langle \hat{\Delta}_i^\dagger \hat{\Delta}_j \rangle$ as a function of distance along the long direction x of the bilayer system, for varying $J_\perp/t_\parallel$ and for widths $w = 1, 2, 3$, and 5. We apply open boundary conditions in all directions. In the ladder systems ($w = 1$), we find pronounced algebraic signals of pair-pair correlations throughout the whole system for all parameters, in line with the previous findings presented in ref. 22. When tuning the system towards the perturbative limit, pair-pair correlations are seen to converge towards spin-spin correlations $\langle \hat{J}_i^+ \hat{J}_j^- \rangle$ of the mapped XXZ model (with $\hat{J}_i^\pm = \hat{J}_i^x \pm i\hat{J}_i^y$), see the upper left panel of Fig. 2. Importantly, while the absolute values of pair-pair correlations rise for increasing $J_\perp/t_\parallel$, their corresponding decay exponent remains almost unchanged even down to $J_\perp/t_\parallel \sim 1$, which is the relevant regime for LNO¹². In particular, fitted Luttinger exponents K_{sc} (with $\langle \hat{\Delta}_i^\dagger \hat{\Delta}_j \rangle \propto |i - j|^{-K_{\text{sc}}}$) are $K_{\text{sc}} = 1.211(18)$ for $J_\perp/t_\parallel = 1$ and $K_{\text{sc}} = 0.946(3)$ for $J_\perp/t_\parallel = 20$. Similarly to the ladders, algebraic decay is observed for $w = 3$ throughout the range of $J_\perp/t_\parallel$, cf. Fig. 2c. Here, the fitted Luttinger exponents are given by $K_{\text{sc}} = 0.82(2)$ for $J_\perp/t_\parallel = 5$ and $K_{\text{sc}} = 0.89(1)$ for $J_\perp/t_\parallel = 20$. For $w = 5$, we show results for $\delta = 0.5$ and in the perturbative regime $J_\perp/t_\parallel = 20$ for varying bond dimensions in Fig. 2e. Though variations of pair-pair correlations for increasing bond dimension are visible, an extrapolation to $\chi \rightarrow \infty$ matches the prediction from the XXZ model, suggesting long-range pairing order also away from $J_\perp/t_\parallel \gg 1$.

In stark contrast to systems of odd widths, for $w = 2$ at $\delta = 0.5$ we find at distances $j_x - i_x \gtrsim 10$ exponential behavior of pair-pair correlations, which, notably, has not been mentioned in previous numerical studies of the mixD bilayer t - J model²². A comparison with the perturbative XXZ model turns out as a useful tool to understand the origin of exponentially decaying pair correlations: In SU(2) symmetric Heisenberg ladders of even width and at zero magnetization, the formation of rung-singlets opens a spin-gap Δ_s , which in turn leads to an exponential suppression of spin-spin correlations. In contrast, odd-width ladders have a vanishing spin gap, and long-range correlations are observed^{38–40}. Similarly, we argue that the exponential decay of pair-pair correlations (even away from the perturbative limit) is an artifact of finite-size effects along the y -direction, driven by a finite charge pair gap $\Delta_{\text{pair}} = E(N) - E(N+2) + J_\perp$. Here, $E(N)$ is the ground state energy at $\delta = 0.5$, i.e., with a total particle number of $N = l \times w$, and $E(N+2)$ corresponds to the energy of the system with one more particle in each layer compared to $\delta = 0.5$. We further add $J_\perp$ in Δ_{pair} to account for contributions from the Zeeman field in the effective XXZ description, see Supplementary Note 2.

Indeed, the charge pair gap is seen to be finite throughout the whole parameter regime for $w = 2$ at $\delta = 0.5$, as illustrated in Fig. 2f. Particularly, Δ_{pair} falls below the singlet-triplet spin gap in the Heisenberg model (where $\Delta_s \propto K$) for increasing $t_\parallel/J_\perp$, signaling a weaker exponential decay of pair-pair correlations when tuning the model away from the tightly-bound limit, matching observations in Fig. 2b.

Away from $\delta = 0.5$, a finite magnetization in the effective model in the perturbative limit prevents the formation of a spin-singlet state, which in turn results in algebraic decay of spin-spin correlations even for finite, even-width systems. Likewise, pair-pair correlations in the bilayer model are seen to decay algebraically for $\delta \neq 0.5$, as shown for $\delta = 0.44$ in Fig. 2d. We note that in LNO, the coexistence of a strongly correlated state and a hole pocket in the $d_{x^2-y^2}$ band has been proposed to lead to self-doping between the $d_{x^2-y^2}$ and $d_{x^2-y^2}$ orbitals, which is likely to slightly shift the doping in the $d_{x^2-y^2}$ away from $\delta = 0.5$ ^{17,23}. In this case, the appearance of long-range pair-pair correlations is expected for all system widths in the single-band description.

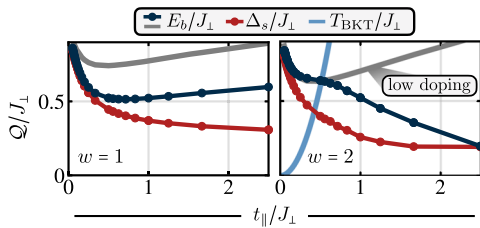


Fig. 3 | Binding energies. Binding energies $E_b/J_\perp$ (dark blue) and spin gap $\Delta_s/J_\perp$ (red) as a function of $t_\parallel/J_\perp$ at $\delta = 0.5$ and $J_\parallel = 0$, for $w = 1$ (left) and $w = 2$ (right). For mixD ladders $w = 1$, binding energies behave as predicted in the string picture⁶, where large mobility of pairs for increasing $t_\parallel/J_\perp$ leads to enhanced binding energies. As a reference, binding energies in the dilute limit of a single-hole pair are shown by gray solid lines. Meanwhile, due to the frustrating effect of moving charges, the spin gap features a similar structure as in the ladders. In contrast, large doping levels $\delta = 0.5$ permit the appearance of strongly overlapping chargin–chargin pairs, leading to a distinct drop of E_b for $t_\parallel/J_\perp \gtrsim 0.6$. The crossing point of estimated critical temperatures of the BKT transition (corresponding to $w \rightarrow \infty$) in the perturbative regime (light blue line) with the binding energy coincides with the point of qualitative change of E_b , suggesting a BEC–BCS crossover as $t_\parallel/J_\perp$ is tuned.

From our considerations, we conclude that in the thermodynamic limit, the model (with $J_\parallel \neq 0$ to break the emergent SU(2) symmetry) features quasi-long-range pairing correlations up to a critical temperature determined by the Berezinskii–Kosterlitz–Thouless (BKT) transition T_{BKT} where phase coherence occurs. We stress the direct correspondence of the decay of correlations in the mixD bilayer and XXZ model: When the effective model in the perturbative limit features an emerging SU(2) symmetry and forms spin singlets, correlations are exponential in the mixD model even away from $J_\perp/t_\parallel \gg 1$; however, when a finite magnetization prevents the formation of spin-singlets, correlations decay algebraically throughout the whole range of $J_\perp/t_\parallel$. Furthermore, there is only an insignificant change in the decay of pair–pair correlations when leaving the perturbative limit towards experimentally relevant regimes of $J_\perp/t_\parallel \sim 1$ ¹², strongly suggesting that the key pairing physics of superconductivity in LNO is described by the XXZ universality class of hard-core bosons constituted by *s*-wave singlet pairs. Such controlled limits that capture the essential physics are absent in the plain-vanilla 2D Fermi–Hubbard model, where the ground state (not to mention the finite temperature phase diagram) is still under active debate due to the intricate competition between various phases^{41–49}.

Binding energies and critical temperatures

Though long-range pair–pair correlations are necessary for any superconductor, their presence does not give any further insights into the nature and structure of the ground state. For this purpose, we compute inter-layer binding energies at $\delta = 0.5$ by evaluating $E_b = 2E(N+1) - E(N) - E(N+2)$, and compare them to the spin gap $\Delta_s = E(N; S_{\text{tot}}^z = 1) - E(N; S_{\text{tot}}^z = 0)$.

The left panel in Fig. 3 shows results for mixD ladders, i.e., $w = 1$. In the perturbative regime $t_\parallel/J_\perp \ll 1$, $E_b \approx \Delta_s \approx J_\perp$; each chargin–chargin, as well as chargin–spinon pair is associated with energy $J_\perp$, while breaking up a singlet with fixed particle number also costs energy $J_\perp$. Away from the tightly-bound limit, the spin gap monotonously decreases, as growing sizes of the chargin–chargin bound states induce increasing frustration in the spin background⁵⁰. However, similar to the case of zero doping⁶, where we compute $E_b = 2E(1) - E(0) - E(2)$ for a single hole pair (see gray solid lines in Fig. 3), the binding energy is observed to have a minimum around $t_\parallel/J_\perp \approx 0.5$, after which it starts to increase for further rising $t_\parallel/J_\perp$. In the low doping limit, it has been shown by some of us that this behavior is accurately captured within the string picture^{51–53} of the mesonic bound states: an increasing mobility of the dopants leads to a significant kinetic contribution to the binding energy, resulting in an asymptotic scaling

$E_b/J_\perp \sim (t_\parallel/J_\perp)^{1/3}$ ⁶. Away from the perturbative limit, the monotonously decreasing spin-gap hence falls below the binding energy. Our numerical results demonstrate that the phenomenology is the same even at high doping $\delta = 0.5$ of the mixD ladders, though binding energies are renormalized to smaller values due to doping (see Supplementary Note 2).

When considering bilayer systems with widths $w > 1$, the structure of the pairs fundamentally changes. In contrast to $w = 1$ ladders, where the chargin–chargin bound states may overlap without destroying their confining strings, adding a second dimension allows for string-breaking processes, see Supplementary Note 1. In particular, this effect is expected to strongly influence physics when the size of the bound pairs becomes comparable to the inter-pair distance for a given doping. Results for the binding energy and spin gap are shown for $w = 2$ in the right panel of Fig. 3. In the dilute limit with only two holes (gray line), the binding energy is observed to feature a string-like behavior as expected. Likewise, in the perturbative regime $t_\parallel \ll J_\perp$ at doping $\delta = 0.5$, we find binding energies following the string prediction since string lengths $d \lesssim 1$ remain small compared to the average distance between hole pairs. Strikingly, this behavior extends well beyond the perturbative limit, where binding energies at $\delta = 0.5$ are seen to match predictions in the dilute limit up to $t_\parallel/J_\perp \approx 0.6$. However, for $t_\parallel/J_\perp \gtrsim 0.6$ —where $d \gtrsim 1$ —the binding energy starts to decrease for growing $t_\parallel/J_\perp$, approximately approaching the spin gap for large $t_\parallel/J_\perp$, which is expected in a BCS-like state. This, in turn, suggests the appearance of a BCS phase beyond $t_\parallel/J_\perp \gtrsim 0.6$, consisting of spatially extended pairs of holes.

We further corroborate the appearance of a BEC–BCS crossover by estimating critical temperatures of the BKT phase ordering transition in the perturbative limit. In the 2D XXZ model with coupling K , extensive quantum Monte Carlo studies have quantified the phase transition, finding $T_{\text{BKT}}/K \approx 0.7$ (0.6) for $\Delta = 0$ (0.95)^{54,55}. We estimate critical temperatures in the mixD bilayer model by assuming a small in-plane superexchange coupling $J_\parallel$, leading to an anisotropy close to the Heisenberg point in the effective XXZ description, $\Delta \lesssim 1.0$. Hence, following Eq. (3) and assuming $\Delta = 0.95$, the BKT transition temperature is estimated by $T_{\text{BKT}}/J_\perp \approx 2.4(t_\parallel/J_\perp)^2$, shown by the blue solid line in the right panel of Fig. 3. Indeed, we find that the critical temperature T_{BKT} for phase coherence surpasses the binding energy at $t_\parallel/J_\perp \approx 0.6$, matching the point of qualitative change of E_b . Beyond this point, the superconducting transition is no longer driven by phase fluctuations and should be BCS-type. In the BCS regime, the binding energy of a Cooper pair is given by $E_b = 2\Delta$ (with Δ the superconducting gap in the ground state), which implies critical temperatures of $T_c \sim 0.28E_b$ for $t_\parallel/J_\perp \gtrsim 0.6$.

The resulting phase diagram of the mixD bilayer model is schematically shown in Fig. 1a, depending on the strength of the on-site Coulomb repulsion $U/t_\parallel \sim 5$ –10, the predicted range of superexchange interactions is given by $t_\parallel/J_\perp \sim 0.7$ –1.5¹², such that we predict the superconductor to be of BCS-type (though multi-band effects may renormalize the energy scales^{23,28}). We note that a complementary mean-field study of a related model found a similar BEC–BCS crossover phenomenology, however with quantitatively different results²⁷. In order to experimentally verify the nature of the condensate, we propose to measure the specific heat of LNO under pressure, where a symmetric (asymmetric) shape is expected in a BEC-like (BCS-like) state as a function of the temperature^{56,57}. Measuring the shift of spectral weight of the optical conductivity across the superconducting phase transition may give additional insights into the nature of the condensate²⁷.

We speculate that the in-plane hopping $t_\parallel$ for systems of widths $w > 1$ plays a similar role as nearest-neighbor particle repulsion in mixD ladders, where a related crossover from tightly bound pairs of holes (closed channel) at small repulsion to more spatially extended, correlated pairs of individual holes (open channel) at large repulsion has been proposed and studied in detail in refs. 28,30,31. There, it was argued that the attraction of holes is ultimately mediated by the closed channel in analogy to a Feshbach resonance^{58,59}. Our simulations of extended systems similarly suggest Feshbach-mediated pairing in bilayer nickelates, resulting in an effective

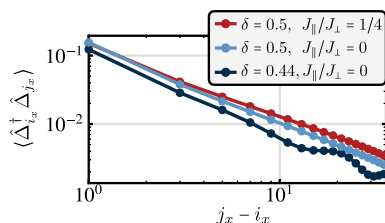


Fig. 4 | Tuning pair correlations. Dependence of pair–pair correlations when tuning the filling δ and the ratio $J_{||}/J_{\perp}$, for fixed $J_{\perp}/t_{||} = 1$ (here shown for a system of size $w = 1, l = 64$). Finite in-plane AFM spin interactions $J_{||}$ lead to an increase in pair–pair correlations. Doping the system away from $\delta = 0.5$ decreases pairing order and induces oscillatory boundary effects.

attraction of spinon–chargon pairs due to the presence of the closed chargon–chargon channel.

Regardless of whether the constituents of the superfluid are tightly bound chargon–chargon pairs (BEC) or overlapping Cooper pairs (BCS), binding energies of the order of the coupling $J_{\perp}$ suggest extraordinarily high critical temperatures in bilayer systems. Assuming an inter-layer coupling of $J_{\perp} \approx 0.3 \text{ eV}^{12}$, our results propose transition temperatures of the order of $T_c \approx 1000 \text{ K}$ in the region of the BEC–BCS crossover, which is an order of magnitude larger than measured in LNO. We note however that the multi-band nature of LNO likely leads to strong suppressions of the condensation temperatures. For instance, a more sophisticated two-band model that takes into account Hund’s coupling in a more rigorous manner has been shown to effectively reduce the coupling $J_{\perp}$ by a factor of four, which shifts the system deeper into the BCS phase and reduces its critical temperature²³. Nevertheless, we stress that the physics in the perturbative limit (i.e., a description by an effective XXZ model) stays identical up to the renormalization of the parameters, supporting the view that the single-band model captures the essential pairing physics. Considering both an effective reduction of $J_{\perp}$ due to the multi-band nature of LNO, as well as the BCS prediction for T_c leads to estimated critical temperatures of the mixD bilayer model that are indeed of the same order of magnitude as measured in LNO. Disorder effects may further suppress T_c in bilayer nickelate materials, such that higher critical temperatures may be reached for cleaner samples. Though the above effects likely play a major role in determining the exact quantitative transition temperature of LNO, high T_c ’s of the order of $J_{\perp}/2$ in the single-band, mixD bilayer model Hamiltonian near the crossover are very striking in their own right, and may open the path towards a more targeted design of materials possibly facilitating superconductivity above room temperature.

Lastly, we note that there exist intriguing similarities between the condensation of electron–hole pairs (excitons)^{60,61} in bilayer semiconductors and superconductivity in bilayer nickelates. For example, high-temperature condensation of inter-layer excitons with large binding energies of $E_b \gtrsim 100 \text{ meV}$ has been demonstrated in bilayer transition metal dichalcogenide (TMD) semiconductors⁶². Additionally, a BEC–BCS crossover between tightly and weakly bound electron–hole pairs has been observed in bilayer quantum Hall systems by continuously tuning the pairing strength through variation of the layer separation⁶³.

Strange metallicity

Above the superconducting critical temperature of LNO, an extended region of strange metallicity with linear resistivity $\rho \propto T$ has been reported^{8,9}. Indeed, it has been shown that hard-core bosons on the 2D square lattice show very similar behavior, with zero resistivity for $T < T_{\text{BKT}}$ and asymptotic linear resistivity $d\rho/dT \propto 1/\rho_s$ above T_{BKT} , with ρ_s the phase stiffness in the ground state⁶⁴. We note that this is in stark contrast to weakly interacting Bose gases, where the resistivity saturates at high temperatures. This shows that, within the perturbative limit, the extended regime of linear in T resistivity above the superconducting transition temperature as measured in LNO is captured in the effective model of tightly bound pairs, cf. Fig. 1a.

We propose that, away from the perturbative limit but in the vicinity of the conjectured BEC–BCS crossover, the behavior of the conductivity is nevertheless dominantly dictated by the conduction of pairs, conceivably leading to linear in T resistivity in the bilayer system at experimentally relevant parameters $J_{\perp}/t_{||} \sim 1$, cf. Fig. 1a. Further studies of the mixD bilayer system are, however, necessary to pin down its properties away from the BEC-like limit. As numerical simulations are heavily limited in system size already in the ground state, transport simulations at finite temperatures are beyond the reach of current state-of-the-art techniques. In contrast, with recent advances in ultracold atom quantum simulations^{29,65–67}, direct observation of the superconducting and potential strange metal phase in the bilayer mixD $t_{||}\text{--}J_{\perp}\text{--}J_{||}$ model is within reach, as we discuss in more detail in the following.

Cold atom proposal

Already before the discovery of superconductivity in LNO, the mixD bilayer model, Eq. (1), has been proposed to feature enhanced pairing and high superconducting critical temperatures in repulsively interacting strongly correlated systems^{6,68}. Subsequently, real-space hole pairing has been observed experimentally in ultracold atom simulations in optical lattices by realizing the mixD setup through potential gradients⁷—paving the way towards an experimental realization of a phase-coherent condensate in repulsive fermionic lattice systems with ultracold atoms.

In order to measure long-range pairing correlations using ultracold atom snapshots, we propose to hole dope the upper, while doublon doping the lower layer in a bilayer optical lattice^{30,69}. After state preparation and freezing out in-plane tunneling in both planes, we propose to perform a global $\pi/2$ tunneling pulse between the two layers resonant with the transition from rung-singlets to interlayer doublon-hole pairs. This realizes a $\pi/2$ rotation within the subspace spanned by rung-singlets and doublon-hole pairs, while other transitions are either Pauli-blocked or off-resonant⁶⁹ (see also Supplementary Note 3). Measuring spatial correlations between doublon-hole pairs from snapshots then allows for a direct probe of pair–pair (superconducting) order with power-law decay for $T \leq T_{\text{BKT}}$, without the need for simultaneous spin-charge resolution. We note that in the plain-vanilla Fermi–Hubbard model, which has been in the spotlight of fermionic quantum simulators in recent years, the strong competition between different phases, low T_c ’s, or even the absence of superconductivity in the ground state⁴⁴ renders an observation of long-ranged pairing order with ultracold atoms a real challenge. The mixD bilayer model, in turn, facilitates such an observation in state-of-the-art experiments owing to its large tunability and high predicted critical temperatures of the order of $J_{\perp}/2$. Furthermore, transport properties can be measured by relaxation of an imposed density modulation⁷⁰, enabling direct observation of the strange metal and superconducting phases in the mixD $t_{||}\text{--}J_{\perp}\text{--}J_{||}$ model. This would allow for the simulation of 2D bilayer systems for a generic choice of Hamiltonian parameters, ultimately enabling realistic simulations of materials using analog quantum machines. A detailed experimental proposal can be found in ref. 69.

Tuning pair correlations

The comparison to the perturbative limit of tightly bound inter-layer pairs $J_{\perp} \gg t_{||}, J_{||}$ further gives us an intuitive understanding of all appearing terms in the mixD $t_{||}\text{--}J_{\perp}\text{--}J_{||}$ Hamiltonian, Eq. (1). Due to the in-plane magnetic interactions, an anisotropy $\Delta < 1$ is introduced in the effective XXZ model. This strengthens superconducting correlations compared to the isotropic case $\Delta = 1$: for small Δ , the Luttinger decay exponent of correlations $\langle \hat{J}_{i_x, j_x}^\dagger \hat{J}_{i_y, j_y} \rangle$ is proportional to $1 + 2\Delta/\pi$, i.e., smaller anisotropies Δ lead to slower power-law decay of correlations. Furthermore, doping the bosonic model away from $\delta = 0.5$ translates to finite magnetizations along z in the XXZ model, leading to suppressed pair–pair correlations. We confirm these tendencies in DMRG simulations of the mixD bilayer model for experimentally relevant parameters, shown in Fig. 4. Note that the oscillatory behavior of correlations for $\delta = 0.44$ stem from Friedel modulations of the density that decay away from the open boundaries, and do not indicate charge order in the system.

Discussion

We have presented an extensive analysis of superconductivity in mixD bilayer systems by studying the single band $t_{\parallel}-J_{\perp}-J_{\parallel}$ model. By carefully analyzing finite size effects, we demonstrated that long-range pairing correlations emerge in the ground state, and quasi-long-range power-law correlations below $T < T_{\text{BKT}}$, in the thermodynamic limit. We presented an analytically accessible limit of dominant inter-layer couplings, in which the model can be described by an effective spin-1/2 XXZ model. Moreover, we proposed that the resistivity of the mixD bilayer system in the vicinity of the perturbative regime is dictated by the conduction of pairs, possibly explaining the linear temperature resistivity measured in LNO above T_c .

Our study of binding energies at $\delta = 0.5$ proposes the appearance of a BEC–BCS crossover as the ratio $t_{\parallel}/J_{\perp}$ is tuned. This may lead to unexpected similarities with underdoped cuprates, where a similar Feshbach scenario has recently been proposed^{58,59}. With our understanding of all appearing terms in the mixD model Hamiltonian, we suggest tuning bilayer nickelates towards the BEC–BCS crossover point, e.g., through rare-earth substitutions as proposed in⁷¹. Recent experiments suggest the appearance of superconductivity in trilayer nickelate compounds^{72–74}. Performing a similar analysis for minimal models to trilayer systems and identifying relevant mechanisms may help to obtain a unified understanding of nickelate superconductors^{75,76}.

Our work presents the perturbative limit of dominating inter-layer spin couplings as an important case study that allows for an understanding of qualitative physical features even away from this limit. This is in stark contrast to the Fermi–Hubbard model—believed to capture the essential physics of cuprate superconductors—where such controlled perturbative limits are absent, and large-scale numerical simulations are necessary to resolve the small energy differences of competing phases^{41–49}. In fact, in the Fermi–Hubbard model, though tremendous progress has been made in recent years, its phase diagram (and in particular its applicability to capture the phases appearing in cuprate superconductors) is still under active debate.

Though the single-band model, Eq. (1), is not believed to quantitatively describe e.g., transition temperatures of pressurized bilayer nickelates, establishing a microscopic understanding of simplified models by fully taking into account their correlation structure is an important step towards developing a theory of bilayer superconductors. Our calculations suggest remarkably high critical temperatures of the single-band model, which facilitates the preparation of a state with (quasi) long-range superconducting order in ultracold atom experiments with currently realistic temperatures. This, in turn, may allow for a systematic exploration of novel materials using analog quantum simulation platforms.

Methods

For our DMRG simulations, we use the SyTeN toolkit^{36,37}. We explicitly implement the separate U(1) particle conservation symmetries in the two layers^{50,77,78}, resulting in a total $U(1)^{\alpha=1} \otimes U(1)^{\alpha=2} \otimes U(1)^{S_{\text{tot}}}$ symmetry of the system. We use bond dimensions up to $\chi = 7000$, and carefully analyze the convergence of our results. Details can be found in Supplementary Note 2.

Data availability

The datasets generated and/or analyzed during the current study are available from the corresponding author on reasonable request.

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Author contributions

H.S., F.G., and A.B. conceptualized the idea. H.S. ran the calculations and wrote the manuscript, with input from U.S., F.G., and A.B.

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The authors do not declare any competing interests.

Additional information

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